

North Clay Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
May - 1  CHICKEN WRAP SEASONED FRIES BROC & CAULIFLOWER APPLESAUCE PUDDING CUP MILK, VARIETY	May - 2  CHEESEBURGER / BUN FRENCH FRIES BAKED BEANS PEARS JUICE MILK, VARIETY	May - 3  MEATBALL SUB. CHIPS CARROTS / DIP PEACHES RICE KRISPY TREAT MILK, VARIETY	May - 4  PORK FRITTER / BUN GREEN BEANS CELERY FRUIT COCKTAIL JUICE MILK, VARIETY	May - 5  CHICKEN DRUMS/ ROLL MASHED POTATOES CALIFORNIA MEDLEY STRAWBERRIES JUICE MILK, VARIETY
May - 8  STEAK BITES W/ bread SCALLOPED POTATOES BROCCOLI & CHEESE PEACHES JUICE MILK, VARIETY	May - 9  HAMBURGER / BUN FRENCH FRIES BAKED BEANS APPLESAUCE MILK, VARIETY	May - 10  HAM / CHEESE SANDWICH GREEN BEANS CARROTS / DIP FRUIT COCKTAIL JUICE MILK, VARIETY	May - 11  GENERAL TSO CHICKEN/RICE CALIFORNIA MEDLEY CELERY MANDARIN ORANGES FORTUNE COOKIE MILK, VARIETY	May - 12  CHICKEN BREAST BAKED POTATO RED PEPPER SLICES PEACHES MILK, VARIETY
May - 15  CHICKEN PATTY/ BUN BAKED BEANS SEASONED FRIES PEARS JUICE MILK, VARIETY	May - 16  TACO IN A BAG CORN CUCUMBER SLICES FRUIT COCKTAIL JUICE MILK, VARIETY	May - 17  BBQ / BUN CHEESE POTATOES GREEN BEANS PINEAPPLE JUICE MILK, VARIETY	May - 18  HOT DOG /BUN BROC & CAULIFLOWER CHIPS CARROTS / DIP PEACHES JUICE MILK, VARIETY	May - 19  COOK'S CHOICE VEGGIE COOKS CHOICE FRESH VEGGIES/DIP FRUIT COOKS CHOICE JUICE MILK, VARIETY
May - 22  COOK'S CHOICE VEGGIE COOKS CHOICE FRESH VEGGIES/DIP FRUIT COOKS CHOICE JUICE MILK, VARIETY	May - 23  CORN FRESH VEGGIES/DIP FRUIT COCKTAIL MILK, VARIETY	May - 24	May - 25	May - 26
May - 29	May - 30	May - 31		

	Average	Weekly Target	% of Target		Average		% of Calories	Weekly Target
Calories	668	600-700	100%	Sugars	37.06*	g	22.18%	
Cholesterol	69 mg			Protein	30.79	g	18.42%	
Sodium	1207 mg	1360		Carbohyd	81.99	g	49.06%	
Fiber	6.35 g			Tot. Fat	24.66	g	33.20%	<=30.0%
Iron	2.85 mg			Sat. Fat	7.24	g	9.75%	<10.00%
Calcium	477.18 mg							
Vitamin A	3105 IU							
Vitamin C	14.49 mg							

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*  
*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.